



Thursday - We use our hands to...

Pray

The use of our hands in prayer is very important. We start our prayer with a well known action, the sign of the cross. We say "In the name of the Father, the Son and the Holy Spirit".

We can also use our hands to follow the prayer that St. Bernadette said with Mary as we say the Rosary. The rosary was prominent in the initial meeting in Lourdes, where Saint Bernadette stated "*The Lady took the rosary that she held in her hands and she made the sign of the cross*". Today is a very special day as we come together as a family in the Trust Mass. Thousands of voices praying and singing and hands carrying banners, signing the cross, shaking hands in the Sign of Peace and not forgetting the actions that go with Rise and Shine! It is fitting that on this day of celebration we pray the Luminous Mysteries, each one is a celebration of Jesus' work and ministry. Can you match the mysteries to the correct picture and put them into the correct order?

The Last Supper, the Holy Eucharist

While they were eating, Jesus took bread, said the blessing, broke it, and giving it to his disciples said, "Take and eat; this is my body." Then he took a cup, gave thanks, and gave it to them, saying, "Drink from it, all of you, for this is my blood of the covenant, which will be shed on behalf of many for the forgiveness of sins.

Matthew 26:26

The Baptism of Jesus in the River Jordan

And a voice came from the heavens, saying, "This is my beloved Son, with whom I am well pleased."

Matthew 3:17

The Wedding at Cana, Christ Manifested

Jesus did this as the beginning of his signs in Cana in Galilee and so revealed his glory, and his disciples began to believe in him.

John 2:11

The Proclamation of the Kingdom of God

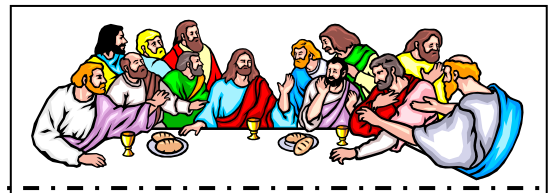
Jesus came to Galilee proclaiming the gospel of God: "This is the time of fulfilment. The kingdom of God is at hand. Repent, and believe in the gospel."

Mark 1:15

The Transfiguration of Jesus

And he was transfigured before them; his face shone like the sun and his clothes became white as light.

Matthew 17:2



Reflection for Thursday

Just two digits left; today it's the turn of your ring finger!
Write in the details of all you have fitted in today!