



HCPT THE PILGRIMAGE TRUST EASTER 2010

FOCUS FOR THE BATHS VISIT

2010 Lourdes Theme:

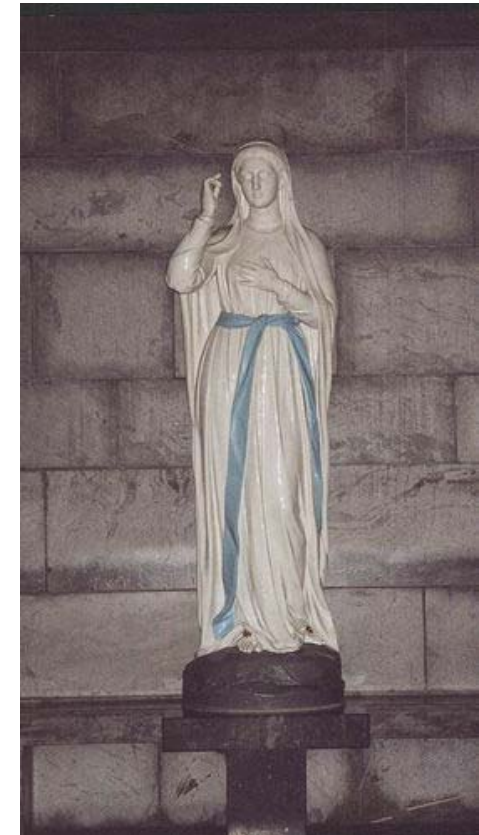
'With Bernadette We Make the Sign of the Cross'

2010 Trust Theme & Symbol

'Service' & 'Hands'

VISUAL FOCUS

At the Baths can be found the Statue of Our Lady of Lourdes
Making the Sign of the Cross



ALTERNATIVE

The New Bronze Column outside the Accueil Notre-Dame

Also shows Our Lady of Lourdes

Making the Sign of the Cross

and Bernadette looking for water

with the instruction to Wash & Drink

This might be a place to gather before going on to the Baths

or another place for a Group Water Gesture

and to use/adapt some of the suggestions here.

There are other images on the Column that tell the Lourdes Story
and the Bernadette Story

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SOME THOUGHTS

1. Invite the Children to come to the Baths wearing a Cross

2. Either Individually/Several/Group

Before entering Baths

Bring Child/Children before the Statue

Ask why are you going into the water today

Is it something for yourself

Or are you doing it for someone else

Then dedicate your visit by making the Sign of Cross

Tell: we are placing our Intention into the Hands of Our Lady

It is said that Bernadette made the Sign of the Cross With great care and reverence

We can make the Sign with 'care and reverence' by singing it

The words can be sung to 'Happy Birthday

Hap-py birth- day to you
In the Name of the Fath-er
Hap-py birthday to you
And of the Son
Hap- py birthday dear John
And of the Ho - ly Spirit
Happy birthday to you
A - men Amen

3. PRAYER BASKET

Before coming down to the Baths or while waiting

Draw around child's hand

Or pre-prepare Hand Shape

Write the visit Intention/Intentions on the Hand

Place it in the HCPT Prayer Baskets which will be either side of the Statue

4. HAND STORY of the Lourdes Spring

The discovery of the Spring can be told in

5 Key Words

1 word for each finger

LOOK

FIND

WATER

DRINK

WASH

These 5 WORDS will be highlighted as 5 Posters

A Poster for Each Word

Each Word in the Differing Languages of HCPT

Plus BSL & Braille

Plus French/Spanish/Italian

5. FINGER PRAYER

The 5 Key Words can be expanded to give further focus to the Baths Visit & Prayer

LOOK: awareness of the crosses/challenges others are carrying and striving to cope with

FIND: thanksgiving for an answer to prayer
Celebrating a joy/Blessing

WATER: Spiritual Gift: Jesus: source of my life
Flowing into action [service/commitment]
or
thanksgiving/strengthening for those who carry/support me on/through the voyage of life

DRINK: refreshment—new strength/hope
for me/others

WASH: change of heart
New start
Begin again

Each Word/Intention/Prayer can be written on the Fingers

SIGN OF THE CROSS

Tune: *Happy Birthday*

IN THE NAME OF THE FATH-ER AND OF THE SON AND
OF THE HO - LY SPIR - IT A - MEN A - MEN

The image shows a musical score for the 'Sign of the Cross' prayer, set to the tune of 'Happy Birthday'. The score is written in 3/4 time with a key signature of one sharp (F#). It consists of two staves of music. The first staff contains the melody and lyrics: 'IN THE NAME OF THE FATH-ER AND OF THE SON AND'. The second staff contains the melody and lyrics: 'OF THE HO - LY SPIR - IT A - MEN A - MEN'. Chords are indicated above the notes: D7, G, D, D7, G, G7, C, G, D7, G.